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THS student wins
app contest

> Page 4

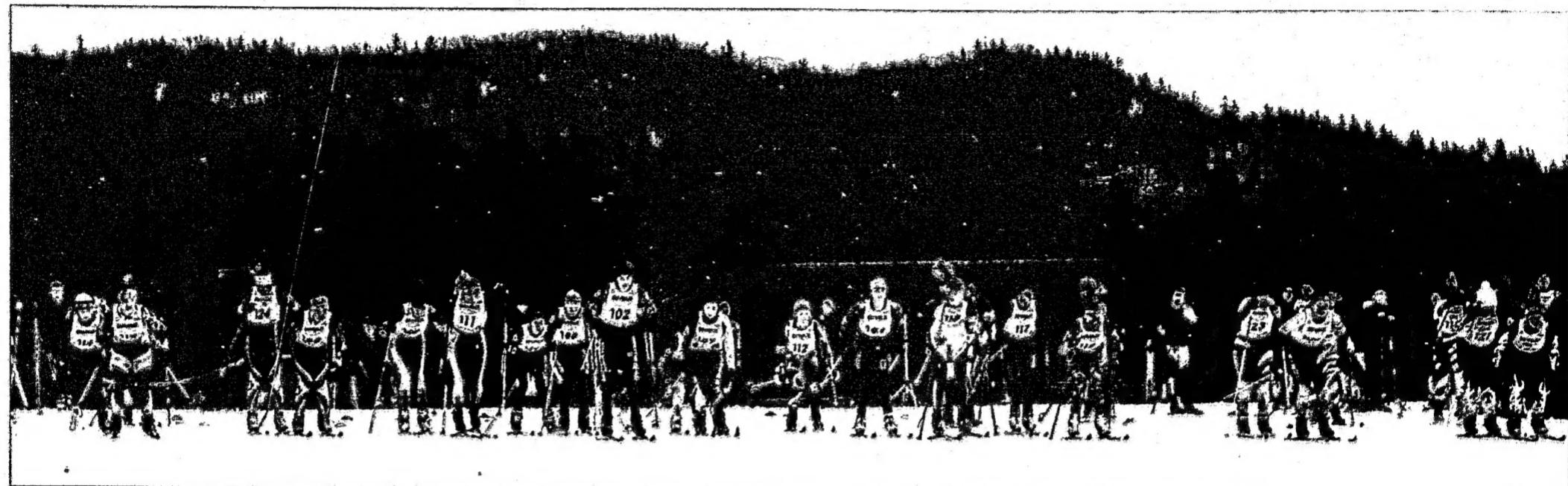
The Bethel Citizen

Vol. CXXI - No. 1

Thursday, January 7, 2016

90¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine



SNOW ARRIVED JUST IN TIME LAST WEEK to allow Telstar and the Bethel Outing Club to prepare the cross country ski trails for the annual Telstar Relays races. Here, skiers start out on the baseball field on the first leg of a four-leg race. At right center, in a blue top and multi-colored suit and with pony tail flying, is THS' Carla Boyle-Wight. In a blue-and-gold Gould suit farthest to the left is Livy Clarke of Bethel. More than a dozen schools were represented in the competition. More photos, Page 6.

A. Aloisio

What is the Portland oil pipeline worth to Bethel area towns?

By ALISON ALOISIO

The town of Gilead last summer granted the Portland-Montreal Pipe Line a tax rebate of nearly \$28,000. That was after PMPL argued its declining income from the oil pipeline should be figured into its value, according to town officials.

Reports in recent years have indicated that as Canadian companies have made changes to pipelines in that country to bring more western Canadian oil east, the demand to transport oil to Montreal refineries from Portland has diminished. Some oil

industry officials have speculated there is a possibility the 236-mile long pipeline might be shut down, according to published reports.

If that happened, what would it mean for future tax revenue from the pipeline for Bethel area towns through which oil flows?

John O'Donnell of O'Donnell Associates, Gilead's assessing agent, said he thinks it could be "a threat" because "income is a significant consideration in valuation for these types of properties."

He said Gilead's approach is to set valuation

largely on an income basis for commercial property such as the pipeline's, rather than on cost of the personal property and other assets. During a time of declining revenue, a company would likely point to that income as a reason to drop the value, he said.

And were the property to be sold, he said, "prospective buyers would look at the income stream."

O'Donnell said that PMPL representatives argued to Gilead beginning two years ago that the pipeline's valuation there should consider income,

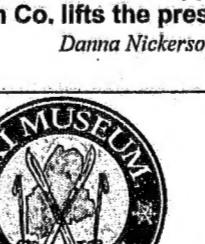
as well as replacement cost, and be close to the value recently established by a tax appeal in New Hampshire. O'Donnell said that over the last few years the pipeline's income had dropped significantly and PMPL felt it should have an impact on tax value.

In granting the abatement, Gilead reduced the pipeline's value from \$6.5 million to \$4 million, O'Donnell said. As a result of the drop, Gilead will now get about \$45,000 a year in taxes from the pipeline, in

See PIPELINE, Page 3



HOLDING THE PRESS-This "Job press" that was used in decades past at the Bethel Citizen recently moved to its new home at the Bethel Historical Society's Charles R. Hooton Center for Archives, Library and Museum Collections. For the past 27 years the press had been in the custody of Danna Brown Nickerson, whose family owned and operated the Citizen for many years. "We moved the press from the Citizen office to our house on Paradise Road on Dec. 3, 1988, and when we moved to Kilborn Street in 1997, it came with us, so it's quite well-traveled," said Nickerson. "It was the last press left, after all the others had been taken away, and was destined to go for scrap." Manufactured in 1886 by the Boston Printing Press and Machinery Co., the "Perfect Prouty Press" was used for such printing jobs as posters, newsletters, notices and menus. "The Bethel Inn had new menus printed daily for luncheon and dinner. I think they were printed from at least the '40s through the early '70s," said Nickerson. "The press was in the Citizen office as long as I can remember." She said her aunt, Musa Brown, believes it had always been in the Citizen office, "so it could very well go back to the days of the Bethel News, which appeared in 1895," said Nickerson. It was one of three job presses at the office. They operated by means of a foot treadle, and paper was printed with lead type set letter by letter. Here, Nickerson's husband, George, watches as a forklift from the D. A. Wilson Co. lifts the press into the barn. At left is Doug Wilson.



The Ski Museum
Vintage Fashion Show
scheduled for Jan. 9th
at The Bethel Inn
has been CANCELLED.

Happy Hour - \$2 drafts & 1/2 price appetizers
Every day from 4pm - 6pm

The Millbrook Tavern & Grille
Open nightly, 4pm for appetizers & cocktails, dinner 5pm - 9pm
Late night for cocktails, lunch starting at 12noon on Sat & Sun
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Authentic Mexican, over
30 entrees and the best
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Bethel Comprehensive Plan could go away

By ALISON ALOISIO

On Monday Bethel's Comprehensive Plan Committee heard residents air views on how the current plan has killed business, how the town has its own built-in zoning by virtue of economics, and that the only thing "broken" in Bethel are roadblocks to business growth that should be removed.

The committee also heard opinions that while there may no longer be a real need for a Comprehensive Plan, the town does need some sort of panel to lay out a road map on how to encourage economic growth, keep young people in the area, and protect the things the town values.

And at the end of the evening, the committee voted to recommend Bethel do away with a Comprehensive Plan, providing the town finds a way to turn the one thing that currently mandates it have a plan - the sewer impact fee ordinance - into something else.

The committee had been in a stalemate for two years on how to proceed on crafting a new plan to update the 1998 one. The plan is required by law solely because of the sewer system development charge (SSDC) ordinance, which requires a sewer hookup fee for new development. Some members wanted to do a "red-line" update of the plan, while others felt a more thorough approach was needed.

So they met Monday with planner John Maloney of the Androscoggin Valley Council of Governments, and the committee voted to recommend Bethel do away with a Comprehensive Plan, providing the town finds a way to turn the one thing that currently mandates it have a plan - the sewer impact fee ordinance - into something else.

See PLAN, Page 3

'Polite Puppy' trainer focuses on the humans

By ALISON ALOISIO

Go to the Bethel Foodliner on a Saturday morning, and you might encounter a young canine "greeter" just outside the door.

The pup is not just one of the occasional dogs tethered to a sign while its human goes inside to shop. This one is accompanied by a woman intent on the quality of each greeting.

She is India Baker of Bethel, a horse trainer turned dog trainer, and the instructor for the upcoming "Polite Puppy" class offered by SAD 44 Adult Education.

"I try to do 100 'meet and greets,'" said Baker of her stints on Main Street.

Baker said the most common reason people come to her for dog training is to achieve "polite greetings" when visitors come to their home, rather than a "jumping up" encounter.

While Baker has been involved in horse training for 40 years (she earned the British Horse Society certification when she lived in England), she has also had dogs as pets for years, she said.

"Australian shepherds - I always had them," she said. They are athlet-

ic, beautiful, and smart. My family has always had herding-type dogs."

An active working breed, the dogs need a job, "or they'll find their own," Baker said. "As I got more involved in training them, I got better at it."

But after getting a puppy a couple of years ago who was particularly challenging, Baker decided she herself could use some formal training. So she enrolled in an online Karen Pryor Academy course, which utilizes communication by video to teach and evaluate.

Training dogs under the system is based on the use of clickers, which make that sound to let a dog know he has followed a command correctly.

See PUPPY, Page 2

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Letters

SUPPORT RELAY FOR LIFE

To the Editor:

I am writing this letter to invite the Bethel community to the kickoff reception for the Oxford Hills Relay for Life. The reception will be held at Trinity Lutheran Church, 34 Buckfield Road, South Paris at 6 p.m. on Jan. 11. Relay for Life is a family friendly team walkathon to raise money for the American Cancer Society. This year's Oxford Hills Relay for Life will be held on June 18 at the Oxford Fairgrounds from 11 a.m. to 11 p.m.

Some people ask why I am so devoted to Relay for Life. I once had the privilege of hearing a cancer research scientist speak in Chicago. She said that the American Cancer Society gets many proposals for ideas of possible cures to fight cancer. But they can only afford to fund a very small percentage of the ideas that they deem very promising. What spurs my interest in fundraising is realizing that an idea for a cure for a debilitating form of cancer might be out there and it might go undeveloped because of a lack of funding. Money is the only hope we have to fight this terrible disease. It takes years to develop and test an idea for a cancer cure and it can be so, so expensive. Take Gleevec, for example, the miracle drug that changed the 5 year survival rate for childhood leukemia from 30 percent to 89 percent. It was over 50 years in the making. Imagine the cost involved in supporting a team of research scientists and their lab for that amount of time! And then, sometimes they hit a snag and find a flaw and all is for naught.

There are a few of us from the Bethel area who have started a team and we would love to see more teams from this area. It's never too early to start a team and do some team fundraising. More information about this event can be found at www.relayforlife.org/oxford-hillsme. If you are a business owner and would like to consider a sponsorship please contact Lisa Dunham (lisa.dunham@cancer.org) or Ronnie Yourell (veronica.yourell@gmail.com). All are welcome to attend the Relay kickoff reception at Trinity Lutheran Church, 34 Buckfield Road, South Paris at 6 p.m. on Jan. 11 to find out more information.

Lorraine Duclos
Greenwood

REMEMBERING INA GROVER

To the Editor:

The recent passing of Ina Grover brings to mind numerous images of devoted wife, mother, grandmother and good friend. She also was a great cook, skilled home-maker, and proficient outdoorswoman, who served her community, church and Grange well during her long life. In short, she was every bit what one speaker at her service declared, "a tiny woman with a big heart."

I knew her best through the Grange as we both served as treasurer of our respective Granges, she at Pleasant Valley in West Bethel (nineteen years) and me at Alder River (thirty-eight years and counting) in East Bethel. For a time, we had a joint installation where she and I marched together to be installed annually. Because of that connection, whenever we met at the grocery store, we often addressed each other with a smile as we would at a Grange meeting with "Worthy Treasurer."

as, perhaps, most "famous" for her yeast rolls, which were always so good and eagerly sought by her numerous "fans" at every church supper. I hope she has passed this "gift" on to someone in her family or in her circle of friends, so we can continue to fondly recall her at future West Bethel gatherings.

Stan Howe
Bethel

LETTERS TO THE EDITOR

The Citizen welcomes letters to the editor. We hope our readers will regard the newspaper as a public forum for discussing any topic they believe to be of interest to the community.

Insofar as possible, we attempt to publish letters without alteration, but we do reserve the right to edit for length, libel, taste and readability. Letters should be limited to 400 words, but that limit will be waived when the situation warrants.

When writing, please include your full name, signature, address and telephone number (so that we may verify authorship).

The deadline for letters to the editor is 4:30 p.m. Monday. Letters submitted after that deadline will be considered for publication when circumstances permit.

Send your letters to: Editor, Bethel Citizen, PO Box 109, Bethel, ME 04217-0109. Fax: 824-2426. E-mail: news@bethelcitizen.com.

The Bethel Citizen

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The publisher reserves the right to reject, or edit any material offered for publication.

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Woodstock selectmen trim General Assistance budget

By MATTHEW DAIGLE
Sun Media

The Woodstock Board of Selectmen voted 2-1 Tuesday to cut the General Assistance budget from \$6,000 to \$5,000 for 2016-17.

Chairman Ron Deegan suggested the cut during a review of the proposed spending plan.

"A cut of \$1,000 won't make much of a difference with the budget," Town Manager Vern Maxfield said.

"To me, it would," Deegan said. "I'm fighting for every penny that I can with the budget."

He said that over the past few years, the General Assistance account has only used \$3,000 of the \$6,000 voters approved.

"If we cut \$1,000 from it, that leaves a \$2,000 buffer zone, in case we spend

more next year," he said.

Selectman Mike Nadeau sided with Maxfield, saying, "if it's not broke, don't fix it."

After Deegan called for a vote, he and Stephen Bies voted in favor of the amendment, while Nadeau voted against it.

The board also discussed the town's property maintenance budget for the 2016-17 fiscal year.

Maxfield said the \$17,000 proposed is "what we've been budgeting for years."

"We have two roofs that need work: the library roof and the Town Office roof—but the library roof is worse," Maxfield said.

"If we decide to do the library roof this year, it will probably take everything in that budget, which won't leave anything for the Town Office roof."

Deegan asked if the Town

Office roof could wait another year.

"Yes, it's starting to rust a little bit, and needs to be painted, but it can wait another year," Maxfield said.

"The way I see it, roofs are important," Deegan said. "They're big assets for buildings. If you don't maintain your big assets, you're in trouble. If you're going to cut something, don't make it a roof."

Bies asked Maxfield how much it would cost to fix the library roof.

"Well, in the early spring of last year, we were told \$27,000 for a metal roof, but I'm not sure if that's still the case," Maxfield said.

Nadeau suggested that Maxfield get some estimates on replacing the library roof by the board's Jan. 19 meeting.

Puppy

Continued from page 1

Before she enrolled in the clicker-based class, "I had only seen [the technique] done badly," Baker said. Done the right way, she said, "with pups it's like a magic wand."

The process is built on a foundation of finding what motivates a dog or whatever animal is being trained, and using it.

Baker said her horse background is helpful in dog training. "I am used to training people with their animals," she said.

In a class of dogs and peo-

ple, Baker strives "to set up the dog for learning. My goal, whether it's in a private lesson or group, is in five or six lessons to teach people how to train their dog, to give them the tools they need," she said.

The upcoming "Polite Puppy/Young Dog Training" adult education class is 6 weeks long and begins on Jan. 13, at the Greenwood Town Hall at 6 p.m.

It is open to puppies and young dogs from 12 weeks up to 1 year old. They will learn positive methods to

politely greet people and other dogs, loose leash walking, sit, down, stay and some tricks.

Baker said the class is not for reactive dogs, because that type of setting can overwhelm them. Such dogs need a different class structure for training, she said.

For more information on Baker's class and her background go to www.mixedogtraining.com or call the Adult Education office at 824-2136 ext. 1340.



India Baker works with one of her Australian shepherd dogs.

Submitted photo

Notes from the State House

By Rep. Fran Head

With the second regular legislative session beginning this week, I wanted to make sure the readers of the Bethel Citizen know that there is a very important public hearing Monday, Jan. 11 regarding a bill to exempt Maine from the federal mandated "Common Core" standards. My general feeling regarding Common Core is that education standards, which drive curriculum, should be determined as locally as possible.

Consider who your favorite teacher was, and what made that connection so memorable years later. I bet that teacher challenged you to try something new and to take pride in your school work. Educators are charged with raising the aspirations of our next generation of Mainers, and to ensure they have the skills they need to succeed. How can this goal be standardized?

No two children are alike; they come to school with different backgrounds and challenges. Bureaucrats in Washington D.C. don't have a clue what our children and grandchildren need to know in order to find work, especially in rural Maine. All too often our highest achieving children aren't pushed ahead due in large part to the mandated Common Core standards. This is exactly why the \$4 billion "Race to the Top" has become more of a "Race to the Middle." This one size fits all curriculum may be good enough for the U.S. Dept. of Education, but make no mistake; this approach is by no means good enough for Maine students. We can do better, and it starts by exempting our schools from Common Core. That is why I'm asking for your help.

I'll be providing testimony in support of LD 1492, An Act To Amend the Laws Governing Education Standards in Maine, sponsored by Rep. Will Tuell of East Machias. If you have strong feelings about Common Core, and would like to see Maine exempted from this federal mandate, I urge you to attend the Education and Cultural Affairs Committee public hearing on Monday at 1 p.m. Cross Building, Room 202 in Augusta. Alternatively, you can email your testimony for LD 1492 to the committee clerk at Jayne.Deneen@Legislature.Maine.Gov.

In the months ahead, please don't hesitate to contact me if you have questions about upcoming legislation or need help with state agencies. It is through your input that I will best be able to represent the extraordinary people who call western Maine "home."

Our Back Pages

Danna Brown Nickerson

10 years ago: The Budweiser Clydesdales team was in Bethel for a five-day visit.

The Woodstock Fire Department was raising \$5,000 to buy an ice rescue sled.

Deaths: Jeffrey A. Paul, M. Clayton Sweatt, Dorothy A. Sheffeld, Sheldon F. Jordan, Dorothy McPherson.

20 years ago: The Matterhorn Restaurant, owned by Roger and Patrice Beaudoin, had recently opened at the corner of Route 26 and Cross Street.

Births: Samantha Jane Mallory, Allison Jane Kelly.

Deaths: Violet M. Dougherty, Avis Chrystelle Dooen, Inez May Ring.

30 years ago: Two snowstorms hit the area in quick succession leaving a total of 20 inches of new snow.

Deaths: Marjorie L. Cushing, Philip S. Chapman, Jr., Irving F. Martin, Harriet M. Forbes, Elizabeth D. Tubbets.

40 years ago: A public reception was held honoring interim town manager Harold Bean and incoming town manager Norman Ness, Jr.

Telstar varsity skiers opened their season, in the midst of a blinding snow storm, with a 195.91 to 193.91 win over Class "A" rival Mt. Blue High School at Farmington.

Birth: Angela Joy Cole. Death: Chester J. Cole.

50 years ago: The bell was removed from the steeple of the Gilead Congregational Church by Harold and Winfield Rolfe, crated & sent to New York for shipment to the Mt. Siana Mission in Africa.

Birth: Denise Marie Slack.

Deaths: Lamont A. B. Brooks, Roy F. Perham.

60 years ago: After 45 years in business, Edward P. Lyon closed his store, and went to Belmont, Mass., to spend the winter with his daughter, Mrs. Harry Kuzyk and family.

At a special town meeting at Odeon Hall, about 50 citizens gathered and voted to purchase a new pumper and accessories, authorizing Selectmen to borrow not more than \$12,000 for it.

Births: Stephen Leonard Greenleaf, Daniel Scott Daley.

Deaths: Mrs. Levie McAllister, Thomas Walter Gordon.

70 years ago: Richard Blake's house in Grafton was destroyed by fire. All furnishings were lost.

The Bethel National Bank closed its affairs. All creditors were notified to present claims for payment.

80 years ago: Wesley Wheeler was unable to attend to his duties of carrying the mail between the station and the post office, and Edwin Brown was doing the work in his absence.

Birth: Carol Audrey Collins.

Death: Darius M. Hill, Mrs. Mary Ann Gaudet.

90 years ago: The Coon Ice Cream Co. installed an electric ice cream cabinet at Farwell & Wright's.

The RFD men were using horses on the mail routes. Moses Davis was using a snow-boat on the Lake Stage route.

100 years ago: Boats were being used crossing the Androscoggin at West Bethel the first week in January.

The bridge across the river by John Olson's, Wilson's Mills, was hit by a jam of ice, broke apart and swung down river from each bank.

110 years ago: The Prospect Hotel was the scene of a dancing party given by Mrs. A. E. Herrick and Mrs. J. G. Gehring in honor of Miss Cecil Houghton of Brunswick and Mr. George Gehring of Cleveland.

JAN 2016

Plan

Continued from page 1

to see if there was a way forward. Maloney said that while Comprehensive Plans provide a somewhat broad vision of where a town wants to go in the future on such topics as land use and economic development, another alternative, a strategic plan, is generally used for more specific municipal planning, such as for infrastructure. But, he said, there can be overlap and Comprehensive Plan concepts can be incorporated into a strategic plan.

Planning Assistant Sarah Tucker, who has advised the committee, said Bethel's Comprehensive Plan had been helpful because it encouraged Route 2 as an area for development, and when there has been opposition to development there, the plan "has been very helpful in getting that development to occur." She also said performance standards for projects reviewed by the Planning Board ask twice if a project is in conformance with the plan.

Committee member Mike Charron, who is also chairman of the Planning Board, said planners walk a fine line in imposing ordinance requirements on projects while trying not to restrict business.

The committee also opened the discussion to the public. Several voiced opposition to a Comprehensive Plan.

Rick Whitney, who owns Main Line Products on Main Street in Bethel, said he and others feel the Comprehensive Plan "is a huge infringement on personal rights." He questioned the need for an update, saying, "It's bad enough as it is. It's pretty much killed Main Street business in the past 15-20 years, since it's been enacted. It's a horrible plan, and why can't we just see if we can get rid of it and bring the town back to life?"

Eliminating the SSDC fee could eliminate the need for the plan, he said. He said if the town wants a plan, it should do a strategic plan for town-owned property, "but not my land, not Ron's (Savage) land, not Don's (Bennett) land [Savage and Bennett attended the meeting]."

Ron Savage said he had done about a dozen developments in Bethel, and owns land in the Route 2/Mayville area. He said the Comprehensive Plan "had come in handy to say that's where they projected the growth, but it never was the deciding factor on approvals," noting there are other requirements, such as MDOT ones.

Regarding the topic of

zoning, which only applies in Bethel to the Historic District and only because all residents there approved it, Savage said the economics of property prices effectively dictate where types of development take place elsewhere in town.

"Nobody's going to put a trailer park on Mayville, nobody's going to put a gravel pit on Mayville, no one's going to put a mobile home on Main Street, because of the economics," he said. "We do have zoning. It is the financial aspect that controls the zoning."

Savage also said it is important for the town not to do anything to restrict the second home economy in the area. He said of the approximately 500 homes he has built in the area in the past 28 years, "I bet you 480 of them are second homes. We surely don't want to restrict them from coming up here and building

"No one is going to put a mobile home on Main Street."

— Ron Savage

a second home, creating a second economy," which he said includes businesses that shovel, mow, roof, plow, clean and provide other services.

Savage also cited the concern about a potential withdrawal of Newry from SAD 44 and the significant loss of that tax base to the school budget. "We surely don't want to restrict the people on what they can and can't and will have to do with their land at that point," he said. "We have a sign ordinance that's holding back business, we have a Comprehensive Plan that in a roundabout way is holding back business. Most towns are trying to encourage people to come. We should take down every roadblock we can," he said, so there will be jobs and area youth can stay and work.

Bob Chadbourne, also referencing zoning, said there are already "an abundance of regulations."

Tucker said, "There has never been any mention of zoning, ever, with this current Comprehensive Plan Committee."

Charron said it might make sense to do away with the Comprehensive Plan. But, he said, the town still needed some sort of a strategy or vision.

Citing Savage's points on the second home economy, Charron said much of the economy is dependent on skiers.

"If I was a young man living in this town, I'd have a plan to leave," he said. "Because as soon as that mountain closes — and hopefully it never does — what happens to the person plowing, the guy cutting the lawn? We need to look forward to protect what we have, and grow what we have."

Said Savage, "The locals have had 230 years [the span of Bethel's existence as a town] and we haven't messed it up yet. You know what my comment is? 'Check with us in 100 years.' We have not messed this town up. I challenge people to come up with one mistake. Where is the glaring mistake we are trying to fix? Nothing is broken."

He noted this area has a shrinking student population, while other places need to build schools.

"We have so many choices," said Savage. "We can take the Woodstock kids and bring them up to a brand new elementary school in Bethel. Those are some of the choices that we should be making," he said, and the committee should look at how to promote growth in town to keep young people here. "The only thing that's broken is the roadblocks that need to be pulled."

He said doing away with the SSDC would help potential businesses.

Savage also said that business in South Paris, Oxford and Norway has "exploded since I've been a kid," and although he does not want Bethel to be those towns, "it could be a little more than what we have. Slow, steady growth is what we need."

Charron later made a motion to recommend to selectmen to propose to "get out from under" the SSDC fee [by a Town Meeting vote] and if that happens, to establish a committee to work on strategic planning for the future. Committee member Fran Head added a motion to recommend doing away with the Comprehensive Plan, if the SSDC proposal passes. They were approved.

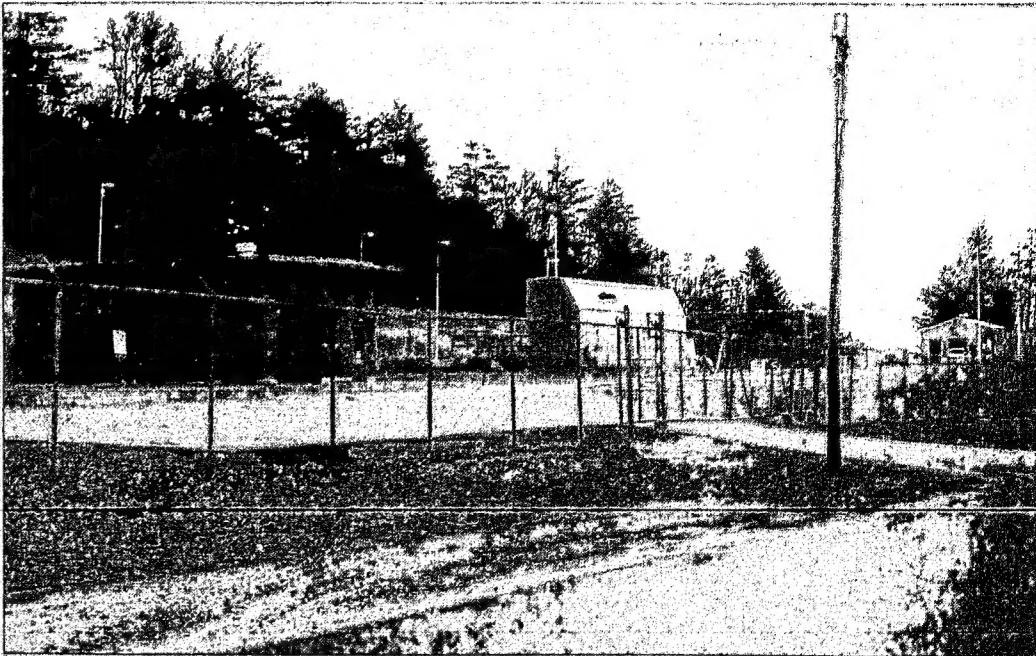
Town Manager Christine Landes said the town takes in approximately \$3,000 to \$4,000 a year in SSDC fees.

The selectboard meets next on Monday at 7 p.m. at the Town Office.

Landes said Tuesday she is seeking a legal opinion on whether a Town Meeting vote is also needed to eliminate the Comprehensive Plan.

Pipeline

Continued from page 1



The pumping station for the Portland Montreal Pipe Line, located near Papoose Pond in North Waterford.

File photo

PMPL paid \$32,546 in taxes, according to Maine Revenue Services records provided by Oxford County.

Bethel assessing agent Bill Van Tuinen said Wednesday that if the pipeline were to shut down, he would reconsider the valuation.

O'Donnell also said some other towns where the pipeline is located have used state valuation figures as a basis for taxing it, but the figures are about 15 years old. When Gildead set pipeline valuations in the past, he said, "We felt [the state figures] were understated."

He speculated that Gildead's higher valuation relative to what other area towns have set using state figures is the reason PMPL approached that town, but not the others, for an abatement.

Other towns that get tax money from the pipeline include Bethel and Waterford. The state also receives taxes for the pipeline in the unorganized territory of Albany. The length of the pipeline segments in each town varies.

Most recently Bethel received \$28,221 in annual taxes from PMPL and Waterford \$42,242, according to the towns. For Albany

Other towns that get tax money from the pipeline include Bethel and Waterford. The state also receives taxes for the pipeline in the unorganized territory of Albany. The length of the pipeline segments in each town varies.

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2016

Thursday, January 7, 2016

The Bethel Citizen

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per. That not intended for home consumption is packed in boxes and crates for shipment. Connected with the Creamery is a model refrigerator and an ice house, with a sufficient capacity for the use of the Creamery, and the supply of town patrons, during the summer season. This Company is also agent for and dealer in neat stock and poultry medicinal preparations the product of Our Husbands Manufacturing Co. of Lyndon, Vt. These are very highly recommended by poultry keepers, dairy men and stock raisers all over the country. Mr. Wheeler, manager of the Creamery is an experienced dairyman, and holds a certificate for competency in testing cream by the Babcock system, the result of practical knowledge acquired at the University of Maine.

Bethel

By NANCY BROWN



The last week of 2015 brought much-appreciated snow. We got about 8 inches here in Bethel but it was enough for some people to test their snowmobiles, snowshoes, and cross country skis. I look forward to snowshoeing all year. With enough snow on the ground, snowshoeing is like walking on clouds. You can literally walk over ruts and gullies, rocks, and downed

tree limbs without stumbling. On Sunday I snowshoed across our back pasture and into the edge of the woods. I stuck to the areas where snow covered the ground adequately. I saw tracks of deer, foxes, and snowshoe hares. All of them heading toward the brook. I, however, stayed away from the brook and the wetlands. Previous experience this time of year has warned me that what looks like solid snow pack may actually hide running water. Most of our local ponds and lakes (and certainly the brooks and rivers) are not frozen enough to walk on yet.

Bethel does a great job clearing the streets and sidewalks in town. They have set out barrels of sand to use on the icy spots on the streets and sidewalks. However, I noticed that after the snowfall last week some people are choosing to walk in the streets. I know the streets may look better than the sidewalks, but the practice is a danger to pedestrians and drivers. Did you know that a car going 35 mph takes as much as 6 times the distance to stop when the road is icy? And that's assuming that the driver sees you through the snow or the fog or the rain or the dark. So let's put on our boots and stay on the sidewalks.

I just got my winter copy of "The Gazette," Gould Academy's magazine. Gould has announced that alumnae Elizabeth McLe-

lan, class of '69 (my class) will give the commencement address to the graduating class of 2016 on June 4. Liz is the founder and president of the Portland-based Partners for World Health, an organization that works with hospitals and other health care facilities to collect and distribute unused and discarded medical supplies to developing countries. Liz started PWH in her home in 2007. After she had collected 11,000 pounds of medical supplies, she rented a small warehouse, which the group soon outgrew. Today PWH partners with 85 medical facilities in Maine, New Hampshire, and Massachusetts to collect medical supplies for developing countries. In addition to sending medical supplies overseas, PWH also organizes educational and teaching trips. Liz told "The Gazette," "If you believe in what you want to do - do it. Keep going forward. People will come and help you because they want to be a part of what you're doing." You can get more information about PWH at their website www.partnersforworldhealth.org.

If you have news to share, please e-mail me at [brown-nancy1950@gmail.com](mailto:nancy1950@gmail.com).

From the

OCSD Patrol Log

Tuesday, Dec. 29

At 11:44 a.m. Deputy Derek MacDonald conducted an interview in response to a report of a threat in Bethel.

At 4:17 p.m. on the Sunday River Road Deputy Derek MacDonald issued a summons to a driver for operating after suspension.

Wednesday, Dec. 30

At 8:47 a.m. Deputy Josh Daley received a call regarding a criminal mischief complaint on the East Bethel Road in Bethel. Remnants of firecrackers placed on the roof of a vehicle were observed.

At 5:51 p.m. a report was received of fraud on the East Bethel Road in Bethel. Deputy Matt McDonnell gave the caller information for a fraud hotline.

Thursday, Dec. 31

At 6:46 p.m. Deputy Josh Daley conducted an OUI detail on Mayville and Sunday River roads in Bethel.

Friday, Jan. 1

At 2 a.m. Deputies Matt McDonnell and Derek MacDonald responded to the intersection of Parkway and Mayville Road in Bethel for a vehicle off the road. Investigation revealed the operator, Shannon M. Long, 23, was under the influence of intoxicants. She was arrested.

At 6:49 a.m. Sgt. Tim Holland responded to a report of a subject found deceased off the Sunday River Road in Bethel. The subject was from out of state, and no foul play was found or expected.

At 4:19 p.m. Deputy Steve Witham received a traffic complaint on a vehicle on Vernon Street in Bethel. He located the vehicle and spoke with the driver.

Saturday, Jan. 2

At 1:44 a.m. on Mayville Road in Bethel Deputy Josh Aylward stopped a vehicle for failing to use the turn signal. Investigation found the driver was intoxicated. Scott Perkins, 30, of Norway was charged with OUI.

At 6:37 a.m. Deputies Andy Whitney and Josh Daley responded to a vehicle rollover on Route 120 in Andover. There were no injuries.



Sonja Benson is one of the new owners at the Rosay in Bethel.

D. Bennett

and where the teacher took us to make us confess to crimes we had not committed.

Someone had recently installed two small bathrooms in place of the out-houses which were there previously. Being at the West Bethel School was like the military. Each day the same, we marched and turned and sat on command and if you screwed up you got the red mechanical pencil jabbed into your brain. Did I say how much I loved summer vacations?

Sitting here typing I realize the temperature has dropped significantly and my nose is beginning to get cold. I'll have to get out from under the covers and put a few sticks of wood on the fire. I've live with wood heat most of my life and really enjoy the constant heat it produces. They say this year that heating oil is so low that it's a better deal than wood. I don't care, because I love wood.

The weather tonight is supposed to be the coldest we've seen all winter. It is 6 degrees right now and getting up to 11 tomorrow. Brrrr. By Wednesday it's back to the high 30s again.

The first Trivia question of the year is: Where had Colonel John York lived?

Remember to call me at 507-1008 or e-mail heinrichcracker@gmail.com. Have a great week.

Contact me at paulkma@me.com or 836-2265.

East Bethel

By WALLY RITZ



Welcome, 2016. I hope the year is off to a good start for everyone. It is starting out kind of on the cold side - my, I am spoiled by the warmer than usual temperatures. In a few days it will already warm up again.

Arlene Harrington had a nice lunch with her daughter, Esther Fuller, on Christmas Day.

The first Trivia question of the year is: Where had Colonel John York lived?

Remember to call me at 507-1008 or e-mail heinrichcracker@gmail.com. Have a great week.

West Bethel

By KAREN PAUL



When I walked this morning on the Flat Road I remembered how cold it was trudging to school in the wind and frigid air. Mamma made me wear jeans lined with flannel under my dresses. She didn't care that I felt embarrassed about the old jeans only that I kept warm. When we got to school early we had to be outside on the playground until someone rang the bell. Even inside the school, which was built in the 20s, it was cold and drafty.

Refrigeration was not a problem in those days as the cloak room where we kept our lunch bags was pretty cold. Nested into our wooden seats we could see south up the Flat Road toward my home. There was a second "twin room" on the north side of the building that was not used

Now that the holidays are over, attention will be turned more and more toward Town Meeting in March and all that entails. Selectmen have scheduled two workshops in the near future to address the Town Report and their Budget Recommendations.

The Budget Committee met on Wednesday to consider several town departments for 2016 to be voted on at the annual Town Meeting scheduled for March 19. Figures for Fire and Rescue Personnel, Fire Hydrant Rental, Street Lights, Building and Vehicle Insurance, Professional Services, Dues for MMA and AVCOG and the Memorial Day Service stayed consistent with 2015 figures. The amount from State

ment to go to Town Manager form of government, but after several meetings that fell by the wayside because people were afraid we couldn't afford it. That was 30 years ago and we need to do something which in the end could help save money by becoming more efficient. The opinions in this paragraph are my own and do not in any way speak for the other two selectmen.

Don't forget to get your new transfer station stickers at the Town Office or to license your dog. Also be aware that there is a red light in the Town Hall which will come on if the temperature drops in the building. If you should see it, please contact Jim Adler or Keith Farrington.

Hanover

By MARIA HOLLOWAY



Happy New Year to all! Welcome winter.

Andy Project update

Andy Barlow looks forward with great anticipation to moving into his new home. Construction is nearly complete. Plumbing, heating and electricity are in working order and the kitchen sink, kitchen counters, and cupboards were installed this week. The beautiful hand crafted bed made by Don Bailey, brother of contractor, Howard Bailey, was delivered this past weekend as were the recliner and love seat for the living room. Thank you to Bob Susbury and Rick Neilson for taking charge of the mattress delivery and to Peg Susbury and Laurie Beaudoin for organizing bedding and bath finishing touches. Appliance delivery is expected this week.

If you have made a pledge to Ben Byam's weight loss challenge to benefit the Andy Project, please drop off your donation to the Library on Wednesdays or Saturdays or mail your check, payable to GRML, to the Library at PO Box 64, Hanover, Maine 04237. Please indicate "Andy Project" on the check memo.

Commemorative T-shirts for the Andy Project are available for \$15 at the Hanover Town Office or the Library. All proceeds will benefit the Andy Project. A variety of men's, women's and children's sizes are available in both gray and white.

GRML trustees' meeting

The Library has resumed regular hours after taking a short break over the holidays. The monthly Trustees' meeting is scheduled for next Tuesday, Jan. 12 at 6 p.m. The Busy Bees are still meeting on Tuesday afternoons from 1 to 3 p.m. at the Library.

News, comments, questions? Please contact HanoverMEnews@gmail.com.

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FRI. JAN. 8 • 8PM: DENNY BREAU

SAT. JAN. 9 • 8PM: MITCH ALDEN

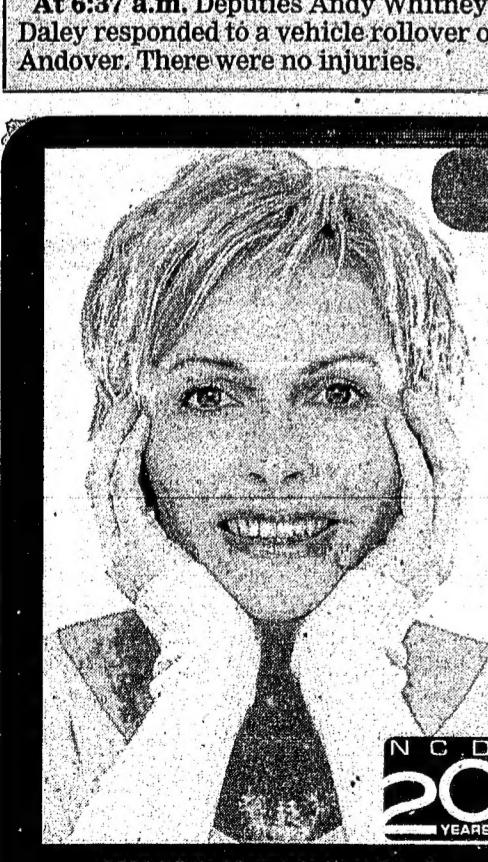
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APD AIA

Locke's Mills

By AMY WIGHT CHAPMAN

 As predicted, the temperatures have taken a dive to more seasonal levels, and with the several inches of snow we got on Dec. 29, it finally looks and feels like winter. As I write this at noon on Monday, our temperature has only crept up to 16 degrees, from a low of 10 this morning.

I'd have to check Tony's daily records to be sure, but I think we may have only had one morning in the single digits so far this winter. On the other hand, two years ago this week, we were in the midst of a stretch of days when the thermometer dipped to 20 below overnight.

I've already broken one of my New Year's resolutions, which was to write a "real" letter — the kind you fold up, put in an envelope, add a stamp, and send through the mail — every Sunday. I do plenty of communicating via e-mail, Facebook, Messenger, and texting, but there are a few people in my life who still write old-fashioned letters, and I'm afraid I'm not very prompt about answering them.

My current backlog of correspondence includes an Oct. 1 letter from a former Greenwood summer resident who reads my column from his home in Pennsylvania, and one from Nov. 5 from East Bethel native Deborah Farwell Eldredge, who lives in Unity.

Debbie is my father's cousin, and always came to visit us at camp in the summer with her three boys. She told me in her letter that she works at the polls each year with a friend from Andover, who brings back issues of the Citizen for her to read.

She also told me a story about her grandfather, Porter Farwell, a farmer in East Bethel. He was disabled after a broken leg later in life, and unable to do much farming, so Debbie's mother taught him to knit and "he kept the men

in socks to wear working in the woods." Debbie learned to knit by watching her grandfather.

She doesn't use Facebook or e-mail, but her daughter-in-law Tammy keeps me posted on her news, which is how I know that she fell and broke her wrist badly in mid-December. Hearing that made me feel all the more guilty for not having answered her letter, and it was going to be the first one I wrote on the first Sunday of 2016... but I forgot all about my resolution until after I'd gone to bed. Of course, there's no reason why I can't write a letter on a Monday, or a Tuesday, and I hope to have her letter answered before next Sunday!

Betsey Foster says she doesn't make New Year's resolutions, but she follows a "100-day practice" started within the past 50 years or so by a Tai Chi master named Jou Tsung Hwa. It entails simply picking a specific thing and doing it each day for 100 days, from writing a haiku to setting aside time for reflection each day.

"It doesn't have to have any relationship to anything — it could be to brush the cat daily," Betsey said, adding that it traditionally begins on the Chinese New Year, which falls on Feb. 8 this year. She finds it "a good way to appreciate the dark days of this season and note the progression toward light."

And speaking of the progression toward light, as of Jan. 7, we have gained one minute of daylight in the morning, added to the 17 minutes we've gained in the afternoon since the earliest sunset, 4:03 p.m. on Dec. 12. It may not sound like much, but for many, it's the difference between coming home from work in light or dark. And by Feb. 1, we will have gained 17 minutes in the morning and 47 in the afternoon. Now, that's significant!

E-mail your news to amy.w.chapman@gmail.com, leave a message at 875-5511, or contact me on Facebook.



HEADING FOR THE TAG-Telstar and Gould skiers were among the competitors in Saturday's Telstar Relays. Pictured above are as they near the finish line to tag their next teammates are (from left) Duncan Forbes of Gould and Ricco Call of Telstar. The team of Forbes, Leela Hornbach, Steph Nicols and Caleb Clarke finished second of 29 foursomes, while Call's team with Carla Boyle-Wight, Kaitlyn Brown and Kellen True placed ninth. Another Gould team of Livy Clarke, Sam Weaver, Mia Shifrin and Bennett Hight was sixth, and the Bethel Outing Club team of Josh Elliot, Gaelen Boyle-Wight, Marta Opie and Jenny Wilbraham was 12th.

A. Aloisio
joyable Christmas. We did. All our family, or most all, came sometime during the day. We had 17 for dinner and tree and 21 for supper and exchange of gifts with my sister and some of her family.

Sympathy is extended to my nephew and wife who lost her mother, Rhonda and Andrew Chase and daughter Liza.

I wish you all a happy and healthy New Year.

Upton

By JOE BERNIER

 The Ladies Aid began serving Sunday Breakfasts Jan. 3. They intend to continue serving breakfasts through March.

The Upton Selectmen are scheduled to meet Tuesday, Jan. 12, 7 p.m. at the town office.

The holidays are over. I am ready to ride my sled, come-on snow!

Please call 533-2010 or e-mail backstjoe@gmail.com with your local news.

Waterford

By ROCKIE GRAHAM



Here we are in the New Year. Although not expected to last, it seems we finally have some seasonably cold days.

Due to a small amount of snow and the seasonable cold, skiing appears to be very alive and well. That is good as this is ski country and a lot of our local businesses depend on it. It is nice to see that the winter farmers' markets are doing well in the area. I attended the Norway farmers' market at the Congo Church in Norway. It was nice to see some fresh vegetables that were organic and locally grown available even in January. I bought chicken, greens and even some beef. The chicken was great. The beef we will try next week. Just having it available was nice.

7

Have a great week and have a great beginning to 2016. To send in info for me to print, please call 743-0583.

I hope you all had an en-

Gilead

By LIN CHAPMAN



The first column of 2016! Time to remember to start using 2016 on any checks that are written.

My brother, Steve McLain, stopped by the house last Saturday. He was wearing his brand new camouflage winter boots that Brad and Carole had given him for Christmas.

Mary Tyler had some relatives stop by to visit her last week. Adam and Jess Bell and their two children, Olivia and Paxton, from Hill, N.H. traveled to Gilead to have a late mini Christmas with Mary.

When I turned on my computer last Thursday morning, I found out I had no internet access. That happens occasionally, so I went through all the steps to reset the system. Noth-

ing happened, so I called Mary Tyler to see if she had internet access. She did, so this meant a call to Oxford Networks to see if they could help. The man on the other end of the line tried his best, but the solution was to send a technician to my house. He came to the house and within a few minutes had figured out the problem. He said the modem was about ten years old and it needed to be replaced. When that was completed, I was back online again.

Hugh and I had some company over New Year's. Our grandson, Ben Chapman, has been home in Ellsworth on break from the US Coast Guard Academy. He could not make it over for Christmas, but stopped New Year's Day on his way back to Connecticut. He had to be back at the academy on Sunday. We spent some time visiting with Tim, Michele, Ajay and Sidney. It was so great to see him since it has been quite a while. He will be receiving word of his assignment in March and then will be graduating in May.

Town Office

The town books have closed for 2015. Now the work begins to balance the accounts, get the 2016 budget done and get the town report ready.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

Bryant Pond

By ALICE HOYT

 Sympathy is extended to the family of Dr. David Willard.

Larry Billings says he is working for the benefit of the Bethel Historical Society.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service, Bloom for girls 13 to 18 and Foundations for guys 15 and up. Tuesday, Jan. 12 will be Ladies' Coffee Cup Devotions at 9 a.m. All ladies are welcome to attend. Tentative date for the annual meeting is Jan. 19 at 6 p.m.

I hope you all had an en-

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GO FOR A WALK

GET AROUND WITHOUT A CAR

ENJOY PUBLIC PLACES

WORK OR VOLUNTEER

FIND THE SERVICES THEY NEED

SHOP, SOCIALIZE AND BE ENTERTAINED

LIVE SAFELY AND COMFORTABLY

... and make their town, city or neighborhood a lifelong home

The Bethel Age-friendly Community Project will present the results of an important age-friendly survey on

Thursday, January 14, 2016

4:00-6:00 p.m.

West Parish Congregational Church
Church St, Bethel

Join us to hear Dr. Amy Flowers, survey analyst, discuss the results. We'll talk about how we can use what we have learned to make our community more age-friendly.

For more information, call Jackie Cressy at 824-0508.

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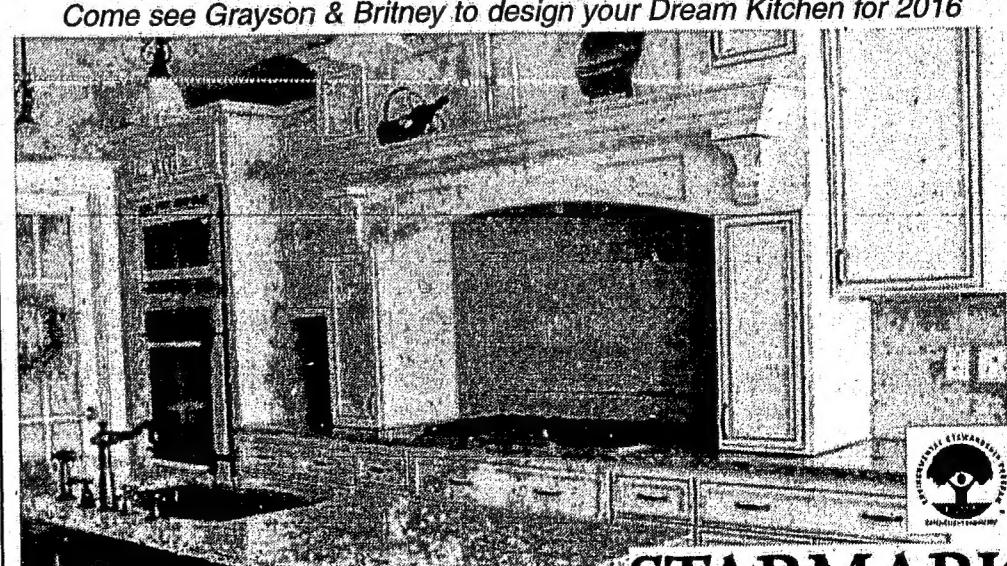
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Thursday, January 7, 2016

The Bethel Citizen

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Backyard reflections

By SARA WRIGHT

The Tree of Peace

I look forward to celebrating the dark of the year by tipping balsam to make a fragrant wreath for the house and by stringing up a festival of lights both inside and outside. Outdoors these lights' light up the night reminding me that the winter solstice has passed, and that soon the sun will rise higher in the sky.

As I hung the last crystal prism on a bountiful young evergreen last month a hairy woodpecker caught my attention.

Positioned directly overhead, he tapped furiously on one of the branches of the giant white field pine that shelters the cabin from the north wind, is home and a safe haven for countless birds throughout the year, and provides my gardens with protection from early frost. I am convinced that Woodpecker was reminding me to thank the tree for all her gifts.

The noble Northern White Pine is native to eastern North America, occurring from Newfoundland west through the great lakes region to Minnesota and south along the Appalachian Mountains. This tree has the distinction of being the tallest tree in eastern North America. White pine forests originally covered much of northeast but less than

one percent of old growth forests remain intact due to extensive logging. During the age of square riggers "mast pines" were marked and reserved for the British Royal Navy which eventually led to the Pine Tree Riot in 1772. During that conflict colonists cut down and hauled off many of these stately pines, an act of rebellion that played a significant role in the events that led to the American Revolution.

The white pine is the Maine state tree and its pine-cone and tassel is the Maine state flower attesting to its continued importance to us economically. Young white pines are also cultivated as Christmas trees and shipped around the country.

White pines distinguish themselves by having needles that are clustered in bundles of five that the trees drop in a gradual manner from the spring of one season to the fall of another – every eighteen months. The long slender cones peak in number every few years (like they did around here this year). Mature trees can easily be 200-250 years old, and some can attain an age of four hundred years. These trees grow rapidly – about three feet a year between the ages of 15-45 years with slower increments on both ends. The tree is somewhat resistant to fire, and mature survivors are

able to re-seed burned areas; they are also self-seeding. The cambium layer of the tree is edible, as most animals and Indigenous folks know. It is high in vitamin C and can be pounded into flour. The nuts are sweet and nutritious. Pine resin has been used to waterproof baskets, pails and boats by Native peoples and a wet pulp from the cambium layer can be applied to wounds to prevent infection. This magnificent tree is known to the Haudenosaunee (Iroquois Nation) as the Tree of Peace.

The legend of the Tree of Peace originated in the northeast during a period when the people forgot to be thankful and conflict escalated between the tribes. The Creator chose a young Mohawk Indian named "Peacemaker" to become his messenger to restore the peace between the peoples. In one version the young man built a canoe of white stone and set out on his journey on the northern shores of Lake Ontario with the Mohawks astonished by the sight because they had never seen a stone float before.

The first person the young man met was a woman named Jigohnsasewee who offered food and a warm resting place to any travelers passing through the area. In return she asked that the people leave all weapons outside her door. Because this woman

embraced peace with her actions, Peacemaker told her that she would become the first Clan Mother, a living embodiment of women's leadership, the "Mother of Nations."

Peacemaker visited the other nations belonging to the Iroquois: the Seneca, the Oneida, Cayuga and Onondaga proposing a set of laws that would allow the Five Nations to live in peace and unity. This system of self rule was accepted by all; it was guided by ethical principles and named the Great Law of Peace.

Peacemaker chose a Northern White Pine to represent the Five Nations bound as One People because the needles on this tree were clustered in bundles of five. This particular tree was so tall that it pierced the sky and at night stars clung to its branches.

Peacemaker uprooted the pine and instructed the men to bury their weapons in the hole along with their feelings of envy, greed, and hate. After the weapons were placed in the cavity, Peacemaker buried the roots of the Tree of Peace back into the ground covering the armaments. The Great White Roots of Peace spread out in each of the four directions. An eagle made his home on the top of the tree to keep a watchful eye on earth and sky while the roots spread out warning

the new confederacy of impending danger from below. It is said that the Tree of Peace thrived for five hundred years.

Some folks are aware that the Constitution of the United States had its genesis in the Great Law of Peace. In fact the only part of the Great Law that was not adopted by the Constitution was the inclusion of the Clan Mothers in the political process. According to the Great Law of Peace a man was chosen to represent each tribe when the group met in council where all decisions were made democratically. But the Clan Mothers could overturn any final decision made by the men if the women so decreed.

The pejorative term "petticoat politics" was used by the Colonists to make fun of the fact that the Iroquois Nation believed

that women needed to be included in political decision making. What I find most fascinating about this story besides the obvious (we need women to participate in government to re-dress imbalances) is that it wasn't only weapons that needed burial under the Tree of Peace it was also the underlying negative feelings of greed, envy, and hatred that required interment. What can we learn from this tale?

On a practical level the story suggests that any

law enacted for peace will end up meaningless unless the attitudes and underlying feelings of the people reflect the words of the law being passed. Both the words and actions of the people must be congruent. Herein lies a sobering truth. I can't help thinking in these times of escalating war, terrorist attacks, warmongering, and mind-bending violence of all kinds how important it is for us as individuals to be self responsible about our negative feelings towards others, as individuals and as groups. Common sense dictates that the more fear, envy, and hatred that we project onto others or enact in the world the more dangerous our world will become. Our political problems aren't just out there; they originate in each of us as human beings.

Perhaps at this dark time of year the words "peace on earth" will carry a resonance, conveying the need of every individual to reflect upon past grievances and begin to let them go so more poison doesn't flow into a world that is already so deeply troubled.

And perhaps those of us who love all trees and those who keep trees lit to celebrate the season like I do will take a moment to honor the majestic Northern White Pine, remembering that our Maine state tree was once christened "The Tree of Peace."

COMMUNITY CALENDAR

The Woodstock Historical Society will not meet in the months of January and February. Monthly meetings will resume in March.

Thursday, Jan. 7

Story Time at the Bethel Library; 10 a.m., Bethel Library, 5 Broad Street (across from the Common). Read a story, sing, and play at the library. A parent or caregiver must accompany the child. FMI call the library at 824-2520.

Stephanie Emery Presentation; 6:30 p.m., West Paris Library. Stephanie will present a talk and show pictures from her adventures with a tour company called Adventure Bus. Her travels with Adventure Bus have taken her to all 50 states and 45 of the 50 National Parks. Stephanie's photographs of the Western National Parks are currently on display at the library. FMI: 674-2004.

Friday, Jan. 8

Red Bull Frozen Rush at Sunday River; 12 to 4 p.m. FMI: <http://sundayriver.com/events-and-activities/events-calendar/frozen-rush>.

Music Without Borders Encore Recital by Mark Demidovich; 7:30 p.m., McLaughlin Science Center, Gould Academy, Church Street, Bethel. Open to the public at no charge. Seating is limited.

Saturday, Jan. 9

Oxford Hills Honey Bee Club Meeting; 1 p.m. at the Oxford County Extension Center, 9 Olson Road, South Paris. Club members please bring beekeeping gizmos and gadgets for demonstration. There will be a brief meeting for nominations and election of officers. Public welcome. FMI contact Kevin Farr afarrout@roadrunner.com or visit mainehoneybees.com.

Ski Museum of Maine Vintage Ski Fashion Show is CANCELLED for this year.

Sunday, Jan. 10

John Waller in Concert (Sponsored by The Lighthouse Events); 6 p.m., Bethel Alliance Church, 251 Walkers Mills Road (across from Telstar parking lot). John Waller's songs have been featured in the movies *Fireproof* and *War Room*. The concert is free with a love offering being taken. Please join us! FMI: 207-824-2289.

Tuesday, Jan. 12

Down Home Maine: A Conversation About Cuba with Richard Blanco; 4:30 to 6 p.m., McLaughlin Auditorium, Gould Academy. An informative conversation and Q&A with author and 2013 inaugural poet Richard Blanco about what it means to be Cuban, what it means to be American, and how he strives to "mend the two halves of himself." It will be helpful to have read Richard's poem *Matters of the Sea*, written for the reopening of the U.S. embassy in Havana, and its preface; both are contained in a chapbook which is available at Books 'n' Things in Norway or at the Bethel Library. Sponsored by Western Mountains Senior College; free and open to the public. FMI: 890-4812 or amy.w.chapman@gmail.com.

Beginning Ukulele Class; 5:30 to 6:30 p.m., Telstar High School, Room 218. Participants should bring a ukulele and a curiosity to learn how to use it. We will cover chord playing, music reading, and singing and playing. Max-8 students. Instructor: Simon Smith. Tuition: \$45. Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Beginner Fiddling; 6 to 7 p.m., Telstar High School, Room 133. Instructor: Paul Cormier. This is the first in a 6-week course series. Come and learn to play the fiddle! Paul teaches and plays in the oral tradition. He has been playing for about 40 years. You will start out learning a simple tune and then explore ways to enhance it. He also uses a "call and response" technique where the student will mimic back what he plays. Min-4, Max-5 students. Tuition: \$160. Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Beginning Guitar Class; 6:30 to 7:30 p.m., Telstar High School, Room 218. Students will cover chord playing and will be singing and playing. You will have to bring a guitar and a curiosity to learn how to use it. Max-6 students. Instructor: Simon Smith. Tuition: \$45. Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Wednesday, Jan. 13

Bethel Senior Citizens Meeting/Luncheon; 11 a.m., Bethel Methodist Church. This is a potluck dinner; members are asked to bring a dish to share. The auction will also be held, and members are asked to bring items to be auctioned off.

Polite Puppy/Young Dog Training; 6 to 7 p.m., Greenwood Town Hall. This is the first in a six-week course series. Open to puppies and young dogs from 12 weeks up to one year old. Learn positive methods for training your pup to politely greet people and other dogs, loose leash walking, sit, down, stay and some tricks too! This class is not suitable for reactive dogs. If you have question if this class is for you and your pup contact India (cobs@roadrunner.com) to discuss. For more information about her training methods go to www.moxiedogtraining.com. Tuition: \$75. Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>

Mollyockett Chapter of Trout Unlimited General Membership Meeting; Scott Stone will make a presentation on TU's upcoming fly tying programs with Casting for Recovery and the Oxford County Cancer Research Center at The First Congregational Church, 17 East Main Street, South Paris. The Board of Directors meeting will start at 6 p.m., with the General Membership meeting starting at 7 p.m.

Voice Lessons; 6:30 to 7:30 p.m., Telstar High School, Room 218. This is the first in a six-week course series for people with a love of singing but no formal training, you will cover healthy use of your voice, singing solo songs and some choral music, and music reading. Instructor: Simon Smith. Tuition: \$45. FMI: 824-2316 ext. 1340 or <http://sad44.maineadulted.org>. Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>

Jan. 14 and 21

First Aid/CPR Course; 6 to 10 p.m., Bethel Family Health Center. CPR includes: adult, child & infant CPR; obstructed airway. First Aid includes: burns, controlling bleeding, broken bones, poisoning, soft tissue injuries, heat & cold exposure, bandaging. You will receive a 3-year certificate in First Aid and a 1-year certificate in CPR. Limit 10 students. Instructor: Jeannine Thornton. Tuition: \$55. FMI: 824-2316 ext. 1340 or <http://sad44.maineadulted.org>.

Thursday, Jan. 14

Bethel Area Prevention Task Force Meeting; 3 p.m., SAD 44 Main Office.

Age-Friendly Community Gathering; 4 to 6 p.m., West Parish Congregational Church, Church Street, Bethel. Hear from and talk with Amy Flowers of Analytic Insight in Lewiston regarding her analysis of data collected from over 200 Age-Friendly Community surveys.

2016 Campaign Kickoff Dinner; 5 p.m., Oxford County Democratic Committee at the Rumford Eagles Hall. Tickets \$12, Seniors and students, \$7. Reserve tickets at 875-2116 or info@oxfordcdems.org.

Saturday, Jan. 16

Community Supper and Palestine Talk; 6 p.m., West Parish Congregational Church, Church Street, Bethel. Jim Chandler will talk about the people of Palestine and the culture of the region. He spent 2 1/2 weeks in the country this past summer. Community Supper of baked beans and casseroles and homemade pies prior to the talk. Donations for the Smile Fund.

Women's Wellness Weekend in Andover; Storm day, Sunday, Jan. 17. Featuring: Yoga, Intuitive Tarot Readings, Reiki, Chakra Alignment, Polarity, Amethyst Biomat, Healthy Foods and more. Please call Carol Emery 392-3161 to schedule an appointment.

Sunday, Jan. 17

Longaberger Basket Bingo; 1 p.m., (doors open at 11 a.m.), Locke's Mills Legion Hall, 595 Gore Road, Locke's Mills. Tickets: \$10 in advance (can be purchased at Woodstock Elementary School) \$15 at the door – 16 games. Door prizes, raffles, lunch options available. You must be 16 or older to play. FMI: 665-2228 or 890-2812.

Wednesday, Jan. 20

Understanding Health Care Vocabulary; 10 a.m. to 12 p.m., Telstar High School. This is an introductory course in medical terminology with Registered

Nurse Haley Tripp for anyone who would like to better understand what your medical professionals are telling you. Terminology, common problems and how to find accurate information on the internet will be covered. Tuition: \$30 (\$25 for Seniors 65+). Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>

Into the Woods Speaker Series Kickoff; 7 p.m., Gould Academy's McLaughlin Auditorium, Church Street, Bethel. Ryder Scott, Director of 4-H Learning Camps and Gabe Perkins, Executive Director of Mahoosuc Pathways will share the process of creating and maintaining safe and beautiful trails. They will lift up the work of the Oxford County Conservation Corps. Free and open to the public.

Thursday, Jan. 21

Story Time at the Bethel Library; 10 a.m., Bethel Library, 5 Broad Street (across from the Common). Read a story, sing, and play at the library. A parent or caregiver must accompany the child. FMI call the library at 824-2520.

Saturday, Jan. 23

Texas Hold'em Tournament; 12 p.m. (doors open at 11), Jackson-Silver Post 68, American Legion, 595 Gore Road, Locke's Mills. \$50 buy-in, \$5 license, high hand option, 50/50, BYOB, light meals and beverages. FMI: Ray (890-3737).

MLT Howard Pond Overlook Hike; Participants are to meet at Hanover Town Hall at 1 p.m. to carpool to the beginning of the walk. The walk is gradual with a brief steep section at the end. The reward will be views of Howard Pond, the Mahoosuc Range and the Presidents, as well as a fire for warming, marshmallows to roast and hot chocolate to drink. If there is good snow cover, snowshoes will be needed; otherwise, please bring footwear with winter hiking traction. Of course, dress warmly and carry water.

4th Annual Cause for Laughter; Mt. Abram's Loose Boots Lounge. Doors open at 6 p.m., show begins at 7 p.m. Attendees must be 21 years and older to attend. A \$15 buffet, regular menu items and drinks may be purchased at the Loose Boots Lounge. Tickets are \$20 and include a \$10 voucher toward a 2016 lift ticket at Mt. Abram. Cause for Laughter was established to raise funds for local needy families.

Monday, Jan. 25

SeniorsPlus; 1 to 4 p.m., Fryeburg Library. Representatives will be on hand to answer any questions or concerns you may have about services and resources for older adults and adults with disabilities and their families. Free and open to the public. FMI/Appointments: 1-800-427-1241.

Tuesday, Jan. 26

Introduction to Self-Employment Workshop; 1 to 3 p.m., Telstar High School. This free one-session workshop with instructor Karleen Andrews of New Ventures Maine will help you decide if self-employment is the right choice for you. The class covers entrepreneurship, the pros and cons of owning your own business, ways to manage risk, the major elements of a business plan, important financial pieces, important steps needed for startup and the many resources available to help you succeed. Call 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Thursday, Jan. 28

SeniorsPlus Long Distance Learning Program; 1 to 2:30 p.m., West Paris Library. Hear Maine Author Kendall Morse speak on his book, "Father Fell Down the Well." Free with preregistration – call 1-800-427-1241.

Friday, Jan. 29

Andover Rec Committee Craft and Movie Night; 6 p.m., Andover Elementary School. Come learn how to make six pack snowflakes while your children enjoy a movie and popcorn. Movie title TBD.

Feb. 4 and 11

CPR Certification; 6 to 9 p.m., Bethel Family Health Center. This class will teach adult, child &

Mahoosuc Land Trust events

The Mahoosuc Land Trust's 2016 speaker series, "Into the Woods," will feature people in this area who spend significant time in the woods around us, whether for work or pleasure. Initiating this series will be a presentation on the routes we take into the forests: our trails. Ryder Scott, Director of 4-H Learning Camps, and Gabe Perkins, Executive Director of Mahoosuc Pathways, will share the process of creating and maintaining safe and beautiful trails. They will lift up the work of the Oxford County Conservation Corps, a program that engages high school students in the area in leadership and trail stewardship skills.

Their presentation will be Wednesday, Jan. 20 at 7 p.m. at McLaughlin Auditorium at Gould Academy. All in the area are invited to attend.

JAN. 23 HIKE

The Land Trust invites outdoor enthusiasts to a Howard Pond Overlook Hike on Saturday, Jan. 23. The walk is gradual, with a brief steep section at the end. The reward will be views of Howard Pond, the Mahoosuc Range and the Presidents, as well as a fire for warming, marshmallows to roast and hot chocolate.

Please meet at the Hanover Town Hall on Route 2 at 1 p.m. to carpool to the beginning of the walk. If there is good snow cover, snowshoes will be needed; otherwise, please bring footwear with winter hiking traction, such as stableicers. Dress warmly and carry water.

Reading with Richard Blanco

By Matthew Daigle
Sun Media

The Western Mountains Senior College will sponsor a Q&A session and reading with author and poet Richard Blanco from 4:30 to 6 p.m. Tuesday, Jan. 12, in the McLaughlin Auditorium at Gould Academy.

The reading will be held as part of Down Home Maine, a program run by the Western Mountains Senior College.

According to a news release by Down Home Maine, Blanco will speak about what it means to be Cuban, what it means to be American and "how he strives to mend the two halves of himself."

Blanco, of Bethel, was

named the inaugural poet for President Barack Obama's second inauguration in 2013.

The group suggested that people read Blanco's poem "Matters of the Sea/Cosas del mar: A Poem Commemorating a New Era in US-Cuba Relations." It is available at Books 'N Things on Main Street in Norway and at the Bethel Library on Broad Street. Copies of the book will also be available for purchase at the event.

The reading is free and open to the public.

For more information, call 207-890-4812 or email amy.w.chapman@gmail.com.

The snow date is the same time the next day, Jan. 13.

Sports**Middle School Boys' Varsity Basketball**

Telstar 45, Buckfield 23; Jan. 4 - Telstar's Finn McLaughlin led scoring with 15 points, Davin Mason added 10 points, Devin Cole-Mason had 8 points, and Russell Haines and Tyler Hill had 4 each. Balanced scoring and good rebounding by the whole team were keys to the win.

Middle School Girls' Varsity Basketball

Telstar 27, Buckfield 16; Jan. 4 - Telstar scorers: Lucy Rothwell and Aneah Bartlett with 7 each; Caroline Newell and Ella Kellogg with 4 each; Calla Orino with 3 and Lydia Bennett and Bella DeVivo with 1 each.

Mountain Valley Rec Basketball League

The start of 2016 proved beneficial for Bethel as they notched their first win of the year, after some close games early on. They beat M and M Carpentry 79-69. Bethel (1-2) used team defense and balanced scoring to overtake their counterparts in the second half after a very close game throughout. The victors were led by Kevin Bean with 23 points, Ryan Kimball 16, Ryan Savage and JT Taylor with 14 and Dom Haines with 10 points. M and M (2-2) got 23 from Matt Zetts, 15 from Matt Newell and 14 from newcomer Wayne Campbell.

Your Guide to Area Services

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The Bethel Citizen

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Puzzles4Kids

by Helene
Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DID THE CINDERELLA FISH WEAR TO THE BALL?

WAGERS	SWEAR	DIFFER	FIRED
SALMON	MOANS	STABLE	BEAST
SATURN	TURNS	SHEILA	HEALS
SPACER	CAPER	PLAYED	DELAY
SKATES	STAKE	PESTER	STEER
		DEGREE	GREED
		RAMBLE	BLAME
		SPARSE	REAPS

For more puzzle fun, go to www.brainzzles.com

SCRAMBLERS
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Mix	LEMING	_____
Mean	DINES	_____
Stress	BENDUR	_____
Build	TERACE	_____

"With or without _____?"

TODAY'S WORD

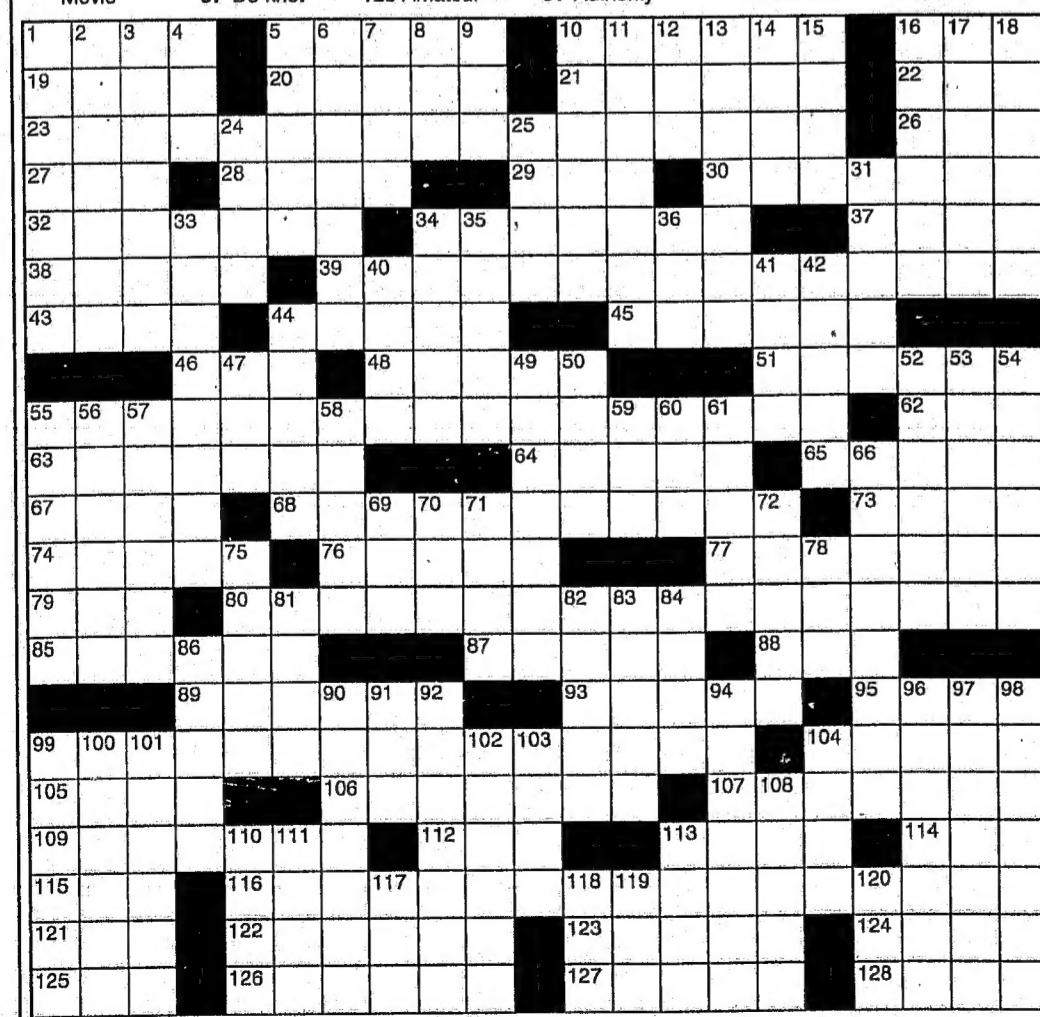
7

2
0
1
6

Super Crossword

HORROR STORIES

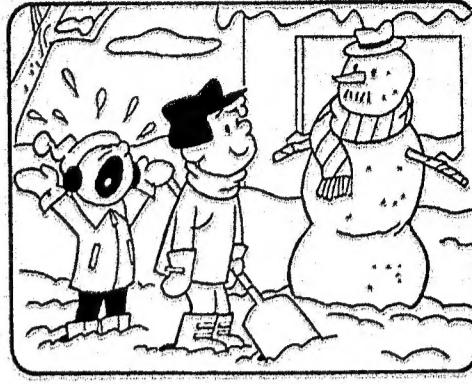
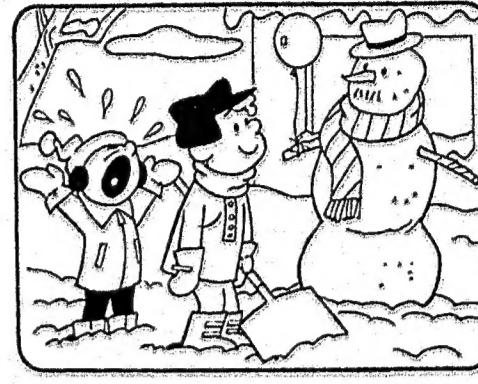
ACROSS	43 Like some red hair	88 Passing vote	DOWN	33 State tree of Rhode Island	72 "ER" pictures
1 Flight board figs.	44 "I'm it!"	89 Composer Glass	1	1 Made cryptic	75 Ballerina-like
5 Entrap	45 Core military groups	93 Some frozen waffles	2 With crying	34 What "→" is	78 One-time Arapaho foe,
10 Entrap	46 —Jongg (like game)	95 Little-seen	3 Home of military craft	35 Letters sung by kids	81 Dark film
18 Lays flat in the ring	48 Force (upon)	99 Three-point	4 Camera type, in brief	36 Slop — dime	82 SALT I topic
19 Diamond with many hits	51 Glucose, to fructose	104 Fliver in Italy	5 Oodles	40 Hold to test the weight of	83 Close-fitting
20 Suffers defeat	55 "We can only do this as a pair"	105 Baseball's Hershiser	6 Ruling from a plate	41 H.S. math	84 —Park (part of Queens)
21 "Recovery" rapper	62 Bullring shout	106 Singer Tony	7 Washed-out	42 Fable penner	86 Pertain
22 Gardner of film	63 Fender, fan belt or fuel line	107 Call before the court	8 Mens — (criminal intent, in law)	44 Heaf: Prefix	90 Clinical scientist, for short
23 Women's suffrage leader	64 Rice — (boxed food mix)	109 Most dismal CBS hit	9 Mind-reading	47 Abbr. on an FBI poster	91 Mineral suffix
26 Kept out of sight	65 Savory spreads	112 CBS hit with two spin-offs	10 Infusion vessel	49 Emulates a homebody	92 Penny — (stingy sort)
27 Spherical body	67 Plantis Gillets	113 Jai — (relative of handball)	11 More than a little forgetful	50 Spelling of "Scream 2"	94 Earache, formally
28 Swing back and forth	68 Measure of national economic health	114 In — lime	12 Actor Cage, to pals	52 Not fixed in one place	95 Comply with Habitual
29 Bonzo, e.g.	73 In — (within a living organism)	115 U.S. "Uncle"	13 Made knotty	53 Late morning hour	98 Mexico's Zedillo
30 Grappled, rural-style	74 Tower of —	116 Their titles are found at the starts of 23-, 39-, 55-, 68-, 80- and 99-Across	14 —Smile Be Your Umbrella"	54 Getaway site	99 Filled in for a poohch owner
32 Journal keeper	76 Acting parts	121 Feasted on 122 Clandestine	15 Rescue crew	55 Cooling pack	100 Print goots
34 Kind of deodorant	77 More brutal	123 Nunavut	16 "The Prophet"	56 Mixes up	101 Sailors
37 Helper — business	79 — mode	124 As blind as —	17 Spanish city	59 Whole bunch	102 First stages
39 Actress who played Marlo in "The Brady Bunch Movie"	80 It might include light therapy	125 Get bronze Down	18 Less happy	60 With 126 Across, et cetera	103 No, to Klaus
	85 Alternative to frozen yogurt	126 See 60-Down	24 Cow-horned deity	61 Brother's daughter	104 Set of three
	87 De-knot	127 Fill in for 128 Amateur	25 Earth's neighbor	66 Rosary prayer	108 Spouts off



HOCUS-FOCUS

BY
HENRY BOLTINOFF

Find at least six differences in details between panels.



4. Balloon is missing. 5. Scarf is shorter. 6. Hat is smaller.
1. Cloud is smaller. 2. Buttons on shirt are missing. 3. Shovel is smaller.
Differences:

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: V equals I

VG KZL YVSA HZUAEAI HAAG NZ

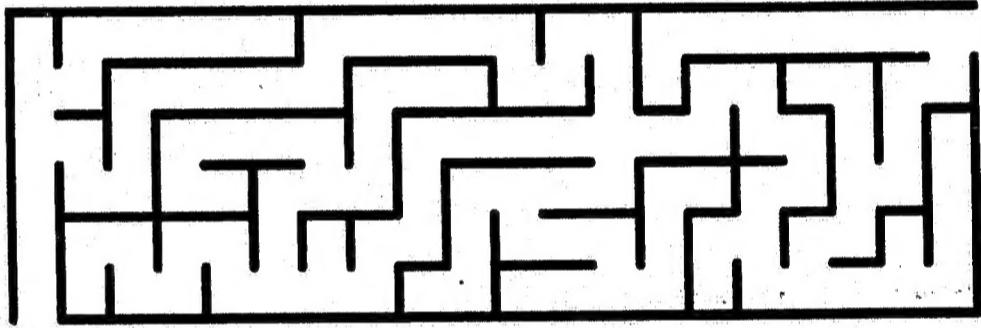
B OLUYQK OZQIA VU

TAUUIKESBUVB, VI NOBN B

TOVEEK GVEEK GVEEAN?

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Kids' Maze

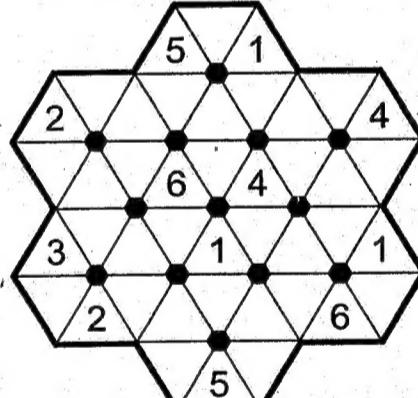


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Snowflakes

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦♦

♦ Easy ♦♦ Medium ♦♦♦ Difficult

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Weekly SUDOKU

by Linda Thistle

9	7			6
2	5			1
1		2	4	8
4	3	1		2
8	4	7	6	9
7		6	5	2
3	7	5	2	
2	6			5
	5	8		3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: *

* Moderate ★★ Challenging

★★★ HOO BOY!

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1	5	9	7	3	6	2	4	8
2	8	4	3	9	7	5	1	6
3	9	1	7	5	4	6	2	8
4	6	2	3	5	8	9	1	7
5	7	1	2	4	3	9	6	5
6	3	9	5	1	7	4	8	2
7	4	3	9	2	4	6	1	5
8	2	6	9	3	1	7	5	4
9	5	7	4	6	2	3	8	1

1	5	9	7	3	6	2	4	8
2	8	4	3	9	7	5	1	6
3	9	1	7	5	4	6	2	8
4	6	2	3	5	8	9	1	7
5	7	1	2	4	3	9	6	5
6	3	9	5	1	7	4	8	2
7	4	3	9	2	4	6	1	5
8	2	6	9	3	1	7	5	4
9	5	7	4	6	2	3	8	1

1	5	9	7	3	6	2	4	8
2	8	4	3	9	7	5	1	6
3	9	1	7	5	4	6	2	8
4	6	2	3	5	8	9	1	7
5	7	1	2	4	3	9	6	5
6	3	9	5	1	7	4	8	2
7	4	3	9	2	4	6	1	5
8	2	6	9	3	1	7	5	4
9	5	7	4	6	2	3	8	1

1	

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VEHICLES

2004 Ford Windstar Van. Runs GREAT, very dependable. Does have high miles, but the engine has a lot of life left to it! Does need some frame work and new tires to be inspected. \$700 or best offer. Call Nancy 824-2444 days or 583-6551 eves.

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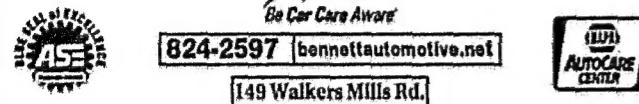
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Obituaries



RICHARD B. JOHNSTON

Richard Brown Johnston, aged 86, passed away on Dec. 1, 2015 at home in Spanaway, Wash., with his family around him. He was born July 15, 1929 in Portland, the son of Velma May Brown Johnston and David James Ernest Johnston. Dick attended Cape Elizabeth schools and graduated from Watertown High School in Massachusetts in the class of 1946. He is survived by his wife of 66 years, Polly Ann (Hewey) Johnston who he met in 1942 at Cape Elizabeth and married in Eatontown, N.J. on Jan. 21, 1949.

During the war (WWII), and before joining the Army, Dick worked as a deck hand on a steam trawler on the Grand Banks, unbeknownst to his parents. He also worked with his friend Jim Smith lobster fishing out of Willard Beach, South Portland. He was a messenger carrying messages to the Fire Department and Police and an Air Raid warden in case communications were out. Dick told many stories of old Portland, of the sea, Casco Bay and lobster boats, which fascinated his family and friends. An avid reader, he adored reading to his grandchildren and great-grandchildren.

He enjoyed his yearly jaunts to Alaska in summer and winter. He traveled above the Arctic Circle to Jim River camp, Coldfoot and Deadhorse on the Dalton Highway, visiting with his daughter Julie's family. He drove up to North Pole, Alaska many times, getting up in the middle of the night to

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Dana Chandler, Director

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